

Comprehensive Physical Examination + Cardiovascular Panel (Middle-Aged & Older Male)

Examination Item	Item Details
Nutritional Risk Screening & Assessment (Physical Exam)	Nutritional risk screening and nutritional assessment
Sleep Assessment Questionnaire	Parasomnias, Obstructive Sleep Apnea (OSA), Insomnia, Restless Legs Syndrome
Venous Blood Draw	—
General Physical Examination	BMI, waist circumference, height, diastolic BP, hip circumference, weight, systolic BP, waist-to-hip ratio, heart rate
Internal Medicine Routine Examination	Medical history, lungs, other, spleen, heart sounds/murmurs, nervous system, liver, family history, heart rhythm, heart rate
Digital Rectal Examination (DRE)	Digital rectal examination
Routine Surgical Examination (Male)	Breast, thyroid, spine, skull, skin, superficial lymph nodes, limbs & joints, external genitalia, other
Color Vision Test – Pseudoisochromatic Plate Method	Color vision test using pseudoisochromatic plates
Distance Visual Acuity Test	Right eye uncorrected VA, left eye uncorrected VA, right eye corrected VA, left eye corrected VA
Non-Contact Tonometry (NCT)	Right eye intraocular pressure, left eye intraocular pressure
Routine Ophthalmic Examination	Eyelids, lacrimal sac, conjunctiva, cornea, sclera, pupils, other
Slit-Lamp Examination	Slit-lamp biomicroscopy
Fundus Photography	Fundus photography
Pure-Tone Audiometry	Pure-tone hearing thresholds
ENT Routine Examination	External ear, tympanic membrane, nasal cavity, oropharynx, larynx, other
Anterior Rhinoscopy	Anterior rhinoscopy
Otосcopy	Otoscopy Examination
Dental / Oral Routine Examination	Lips, teeth, periodontium, tongue, palate, oral mucosa, sublingual gland, submandibular gland, parotid gland, TMJ, other
Gastric Cancer Screening Panel (3 items)	Pepsinogen I, Pepsinogen II, PGI/PGII ratio, Gastrin-17, Gastric function score (H. pylori–negative)
AFP-L3 Fraction Assay	AFP-L3 ratio, AFP, AFP-L3 measurement, Des-gamma-carboxyprothrombin (DCP), C-GALAD score (adjunctive HCC risk score)
Non-Gynecologic Liquid-Based Cytology (LBC)	TCT (Thin-Prep Cytology) result
Electrolyte Panel	Potassium, Sodium, Chloride, Total CO ₂
Thyroid Function Panel – 7 items	T3, T4, T3/T4 ratio, Free T4 (FT4), Free T3 (FT3), TSH, Anti-Thyroid Peroxidase Ab (Anti-TPO), Anti-Thyroglobulin Ab (Anti-Tg)
Fasting Blood Glucose	Glucose (fasting)
Tumor Marker Panel – 9 items (Male)	AFP, CEA, Free PSA, NSE, Cyfra21-1, SCCAg, Total PSA, DCP (PIVKA-II), CA19-9, Free/Total PSA ratio
Bone Metabolism Panel – 2 items	25-Hydroxyvitamin D [25(OH)D], Intact Parathyroid Hormone (iPTH)
Lipid Profile (Extended)	sdLDL-C, HDL-C, LDL-C, Triglycerides, Total Cholesterol, Lipoprotein(a), Oxidized LDL
Renal Function Panel – 5 items	eGFR, Creatinine, Uric Acid, Urea (BUN), lipemia, hemolysis, jaundice, Cystatin C
Blood Type Screening	ABO blood type, Rh(D) blood type, ABO forward typing (A antigen), ABO forward typing (B antigen), ABO reverse typing (anti-A), ABO reverse typing (anti-B), Rh(D) antigen
Liver Function Panel – 7 items	LDH, A/G ratio, Direct Bilirubin, GGT, Total Bilirubin, Total Protein, Albumin, ALP, ALT, AST, CK, Prealbumin, α-Fucosidase (AFU), lipemia, hemolysis, jaundice, α-HBDH, Total Bile Acids, Monoamine Oxidase (MAO), Cholinesterase (CHE), Glutathione Reductase, Glycocholic Acid, hs-CRP

Examination Item	Item Details
Rheumatoid Factor (RF)	Rheumatoid Factor (RF)
Anti-Streptolysin O (ASO)	Anti-Streptolysin O (ASO)
Stool Routine + Occult Blood	Consistency, other, specimen condition, WBCs, RBCs, occult blood
Homocysteine (HCY)	Homocysteine (HCY)
Urinalysis (10-panel / Formed Elements / Microscopy)	(Dry chem) occult blood, (flow) intact RBC%, other, (flow) bacteria, (dry chem) bilirubin, (flow) epithelial cells, (dry chem) glucose, (dry chem) ketones, (dry chem) leukocyte esterase, (dry chem) nitrite, (dry chem) pH, (dry chem) protein, (flow) RBCs, (dry chem) specific gravity, (dry chem) urobilinogen, (flow) WBCs, (flow) crystals, (flow) yeast, midstream urine within 2 hrs, bacterial culture if needed, (flow) sperm, (flow) small round epithelial cells, (flow) mucus threads, (microscopy) cast type 1, (microscopy) cast type 2, (microscopy) crystal type — Note: manual microscopy confirmed
Urine Microalbumin / Creatinine Ratio	Urine creatinine (enzymatic method), Urine microalbumin (rapid method), Microalbumin/Creatinine ratio
Complete Blood Count (CBC) + 5-Part Differential	Eosinophil count, Eosinophil %, MCH, Basophil count, Basophil %, Hematocrit (HCT), Hemoglobin (Hgb), Lymphocyte count, Lymphocyte %, MCHC, MCV, Monocyte count, Monocyte %, MPV, Neutrophil %, Neutrophil count, PCT, PDW, P-LCR, Platelet count (PLT), RBC count, RDW-CV, RDW-SD, WBC count
Glycated Hemoglobin (HbA1c)	Glycated Hemoglobin (HbA1c)
Septin9 Gene Methylation Detection (Colorectal Cancer Screening)	Septin9 gene methylation (colorectal cancer screening marker)
13C Urea Breath Test	13C Urea Breath Test
Liver Elastography (FibroScan)	CAP value (hepatic steatosis), Liver Stiffness Measurement (LSM)
Carotid Artery Color Doppler Ultrasound	Ultrasound findings
Thyroid Color Doppler Ultrasound	Ultrasound findings
Liver, Gallbladder, Pancreas & Spleen Ultrasound	Ultrasound findings
Urinary System Ultrasound	Ultrasound findings
12-Lead Routine Electrocardiogram (ECG)	ECG report
Dental Panoramic Radiograph (OPG)	Dental panoramic radiograph
Cervical Spine X-Ray (AP & Lateral Views)	Cervical spine AP & lateral X-ray
Chest CT (Non-contrast)	Non-contrast chest CT findings
Spirometry (Simplified Pulmonary Function Test)	Pulmonary function test results
Transcranial Doppler Ultrasound (TCD)	Transcranial Doppler (TCD) findings
Body Composition & Metabolic Analysis (InBody)	Height, weight, total body water, muscle mass, lean body mass, InBody score, target weight, weight control, fat control, muscle control, intracellular water, extracellular water, basal metabolic rate (BMR), waist-to-hip ratio, visceral fat level, obesity degree, bone mineral content, body cell mass, upper arm circumference, upper arm muscle circumference, SMI, recommended caloric intake
Bilateral Limb Arterial Segmental Pressure (ABI/TBI)	Bilateral limb arterial segmental pressure measurement
Ultrasound Bone Densitometry (Osteoporosis Screening)	Bone density result